



Foundations

A Joshua AND White Light Course

By Gary Temple Bodley & Christy Levy

DAY TWO - PERSPECTIVE (WHITE LIGHT)

There are only two ways to see yourself with respect to the relationships, interactions, circumstances, conditions and events in your life; You are either the “Creator” or the “Victim.”

If you choose to see yourself as a victim, you will be offering a vibration to the universe that will be responded to and reflected back to show you how you are perceiving yourself. You will have experiences that show you what you believe. This is the law. You must receive a match to how you feel about yourself. It is only in this way that you can understand what vibration you are offering, thus allowing you to adjust your perspective to experience a different reflection.

You see, there has never been nor will there ever be the perspective that is similar to your perspective on anything in the universe. No one will ever see things the way that you do. No one will have experiences with your friends or your family from the seat that you occupy. No one else will ever have your parents, in your hometown, live in your home and hear the sounds that you hear. No one will drive your car on the roads that you drive at the times that you drive. No one will shop at the stores for the same things for the same reasons that you do. No one will see a movie from the position that you do at the same time with the same emotional attachment to the characters that you have. This is why you are so incredibly valuable. This is why you are worthy of any experience you desire. Your perspective is original and unique. It is one of a kind. It is adding to the information of All That Is. The addition of new perspectives is what fuels the Universe.

Many of you do not recognize that you perceive yourself as a victim. However, you do in nearly every way. You believe that bad things can happen to you. You believe that you must protect yourself from your environment. You do not understand that your environment is designed to bring you everything you truly want. You set boundaries, control your behavior, worry about the future, lock your doors, look over your shoulder and do anything you can to avoid something that could possibly cause you to feel negative emotion. These are all the actions of a victim. A victim tries to mitigate possibilities of outcomes that they do not want. A victim believes that the conditions outside of them can determine how they feel.

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A creator knows that how they feel is a result of the perspective they choose on any situation or experience. They know that life is happening FOR them and not TO them. A creator sees every experience as an opportunity to gain information that will lead them to the life they truly want. A creator knows that anything can be experienced in joy. Joy, for the creator, is neutrality, curiosity, interest, expectation, excitement or passion.

What is happening, is happening. There is no way to change what is happening in the moment. What you can change is your perspective on what is happening. You can look for the ways the event could be for you. You could ask, why is this here NOW? Or, what limitation is this negative emotion pointing to? Or, How can I use this event to move me closer to what I truly want? Or even, how could I add love to this condition. By simply entertaining the possibility that any event in which you experience negative emotion, is actually a gift, you make a significant vibrational shift. When you acknowledge that the negative emotion you feel is pointing out a limitation; a self imposed limitation that is keeping you apart from the life of your dreams, you evince a noticeable change in your outer reality.

Your perspective on yourself within your reality, in every area of your life, dictates your experience. Raise your perspective and you will change your experience, every time, always. This is your power. It's the power that creates worlds.

*We know you and we love you,
White Light*

**TOMORROW WE DISCUSS
ALL IS ONE**