



Foundations

A Joshua AND White Light Course

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DAY TWENTY TWO - MANIFESTATION EVENTS (WHITE LIGHT)

Your life is happening for you, it is not happening to you.

You will not find truer words written anywhere. It is most beneficial for you to remember this. You are offering a vibration to the universe that is the expression of your perspective. We have already established that your perspective is just how you see yourself in your reality, and it is generated by several components. The components are your beliefs, your identity and your perception of past experiences. With this in mind, you now have tools to adjust the vibration you are offering. You do this by adjusting how you see yourself within your reality.

All experience is neutral. There are no good or bad, or right or wrong events. These experiences can only be perceived in a negative way from a low perspective. As you now know, a low perspective would include some limiting beliefs, opposition to the identity, perception of repeated past experience or any of these in some combination.

Experiences inform you of your vibrational offering. This is done for you so that you can adjust your perspective to experience more and more of what you truly want. We promise that you most certainly want to know exactly where your perspective is in every moment. One way for the Universe to inform you of a limiting belief is the Manifestation Event.

For the purposes of this course, a “Manifestation Event” will refer to any experience or interaction which you perceive to be negative. Meaning, it causes you to feel some form of negative emotion. Whenever you feel negative emotion as a result of some outside condition, you can know that a limiting belief has been activated. Because of this event, you now have the opportunity to discover a belief that is keeping you from experiencing something you truly want. It is a gift, because once you become aware of a self-imposed limitation, you can work through the process of diminishing that limitation, propelling you forward to your desires. The most effective tool for discovering and overcoming a limiting belief that we are aware of, is the Manifestation Event Form.

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All limitation is self-imposed and false. You are an aspect of Source, and Source has no limitations. You are limitless, but you have adopted beliefs about yourself that are very limiting. This is the design of physical reality. You adopt beliefs about yourself that limit who you think you are, what you think you can do, and what you think you can become. You do this so that you can transcend those beliefs to discover who and what you truly are. There will always be evidence from your life that can prove to you the falsity of any limiting belief. The Manifestation Event Form will help you find the belief and prove it false, thereby rendering your limitation powerless. When you no longer believe in a limitation, it can no longer limit you.

When you have an experience that initially causes you to feel negative emotion of any kind, but you stop and ask, “how could this thing that I see as bad or wrong, actually be happening for me?” This is the greatest shift in perspective that anyone will ever make.

*We know you and we love you,
White Light*

Tomorrow we'll discuss

Inspiration