



Foundations

A Joshua AND White Light Course

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DAY SEVEN - THE LAW OF ATTRACTION (JOSHUA)

The fundamental law of the universe, including the physical reality known as Earth, is attraction. Like attracts like in the form of vibration. Everything in physical reality is vibration. The Law of Attraction brings together all like vibration. Everything is attracted and nothing can be repelled. Once anything has been attracted, it combines to form a new, attractive vibration. Therefore, the Law of Attraction is always combining vibrations and creating that which is new.

The universe is a platform of discovery and creation. The basis of creation is the Law of Attraction. Like attracts like to create new worlds, new dimensions, new physical objects, new thoughts and ideas, and new experiences. The awareness of the vibration is not necessary for attraction or creation. But when there is an awareness, creation can be deliberate and intentional.

If you are unaware of the vibration you are offering, it makes absolutely no difference. You will continue to attract that which is a match to whatever vibration you are emitting. There's nothing you can do about it. Most humans emit vibration by default and attract whatever matches that vibration. Your vibration is the communication of your perspective in any area of your life in the present moment. Vibration is automatically emitted by you and the Law of Attraction is always bringing you a perfect match to your vibration.

When two like vibrations attract, they become a single, new vibration. Therefore, creation is the unison of two like vibrations. As you can see, creation is always happening, because the Law of attraction is always bringing vibrational matches together. What is created from the combination of vibrational patterns is considered neutral. No creation is better or worse, good or bad, right or wrong, or has any meaning whatsoever. However, as a human living in this reality, you make assessments and judgments. The creations matter to you very much. You give your creations all the meaning they will ever have.

When you become aware of the vibration you are offering, you can deliberately choose to modulate the frequency of your vibration in order to affect the quality of that which is attracted. This is called "Deliberate Creation." The Law of Attraction is the generator of experience. As you encounter an experience, you add the vibration of that experience into your own vibration and your vibration expands. You expand through this very process in joy or suffering or any other emotion. The awareness of the vibration you are offering allows you to consciously choose to expand in joy. This would be consistent with your pre-birth intentions and would be a wonderful way to live your life.

DAY SEVEN - THE LAW OF ATTRACTION (JOSHUA)

You have lived most of your life unconsciously emitting a vibration resulting from your perspective of yourself in some form of reaction. What has come to you in every moment, was the perfect reflection of how you were feeling in response to all thoughts, ideas, events, conditions, expectations, beliefs and people. You then had immediate emotional responses to all of it and this created every subsequent moment. With each experience, you expanded in vibration, because you have always been absorbing new vibrational forms into your own vibration. You attracted it all without much awareness of what exactly was happening. You just called it life.

In this reality, you can have, be and do anything you want. But this requires a heightened awareness of your own vibration so that you can be more aware of what you're most likely to attract. If you could simply maintain a vibration as high and pure as possible, the Law of Attraction would bring you that which matches the quality of vibration at that level. You would attract the unimaginable. The way to raise your vibration is by increasing your perspective in all areas of your life. Adjust your beliefs from limiting to empowering and your vibration increases. To accomplish this, you must become aware of those beliefs that limit you and simultaneously do the work to raise the intensity of your empowering beliefs.

Your vibration is the communication of how you perceive yourself within your reality. To raise that vibration would require that you view yourself from a higher perspective. If you thought of yourself as worthy of love, that would be a higher perspective than if you thought you were somehow unworthy of love. The facts have nothing to do with it. Your true opinion is all that matters. What you think, believe and expect in every single area of your life is translated into a vibration that is always attracting other vibrations that are a match and this creates a reflection you call "Reality." In order for you to understand exactly what you think, believe and expect, you experience a reality that is the perfect reflection of who you see yourself in all areas of your life.

Note - Imagine if you had no physical senses. You would not be able to see, hear, smell, taste or touch anything. You would simply have your thoughts. You would not be aware of anything or anyone outside of you. Your experience of life would be quite limited, and you would have no way to explore or discover anything about yourself. Now imagine you are given sight. "I wonder what that is?" might be your first thought. So off you go to discover what something is and then you have an experience and you feel something. In that feeling is information. It tells you something about yourself. Are you excited, anxious, insecure, envious, jealous, in love, curious. This is your vibration and it attracts something else that matches that feeling. Very soon, you will adopt beliefs and form an identity. This could not be done without your physical senses.

Change a single belief and your corresponding reality changes in absolute terms equally. Alter the way you look at anything and you will feel differently about it. The Law of Attraction will show you exactly how this affects your entire perception of reality. Learn something new and that knowledge will be reflected back to you through experience. Consider yourself to be slightly different than you were yesterday and you will encounter experiences that show it all to you. Every single change you make will be reflected perfectly in your reality through the Law of Attraction.

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The Law of Attraction only works in one direction. It brings you together with other like vibrations. Once you attract anything, it exists within your vibration eternally. Nothing is ever repelled, eliminated, disposed of or rejected. Everything you do not want is a vibration, just as everything you do want is a vibration. You attract it all. Remember, the universe is neutral. It sees no positive or negative. It simply brings two vibrations together as a match.

The robber and the victim are vibrational matches as are the policeman and the robber. The robber cannot match someone who does not have the vibration of a victim and the policeman cannot catch the robber who does not have the vibration of being caught. The mate you desire cannot even see you unless you have the vibration that matches him or her. Everything that does exist in your reality exists only because you emit a vibration that matches it.

You could not have been led to this course for instance, if you did not have the vibration required to match the information. Somehow, you have adjusted your perspective to allow for the possibility that this information will enable you to manifest the life that you truly desire. How is it that you created a vibration that matched information that would lead to the manifestation of everything you truly want?

You birthed a desire and in the process you were guided to...

THE MANIFESTATION OF THE DESIRE

*With our love,
We are Joshua*