



Foundations

A Joshua AND White Light Course

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DAY EIGHTEEN - INNER SELF (WHITE LIGHT)

Imagine that you, and the person you love most, have been given an opportunity to play a game. This is not just any game; it is the most exciting and popular game in the universe. The game has a unique set of parameters. You and your teammate will be allowed to determine all of the rules for your game. You will decide how you will play, your starting conditions, and even the object of the game FOR YOU. The object of your game is called your “Intention.”

An interesting thing about this game is that only one of you will actually be inside the game reality. Your loved one and teammate will remain outside the game while you play for both of you. You will be playing with other people, however you will be supporting them to achieve their objectives, rather than competing against them. They in turn, will be supporting you in achieving your objective.

The main reason for the universal popularity of this game is that the players entering the game reality will forget everything the moment their game begins. They will forget the rules, their objective, who they are and even their teammate. They will not even remember that it is a game.

Because the in-game player (you) will forget these things when the game begins, your partner will maintain memory of all of it and will be in communication with you during each moment of the game. This is a very special kind of communication with your partner who will watch you play the game with full knowledge of your intentions, all of your desires and the most effective way for you to achieve your objective.

Your partner and teammate is your Inner Self, and the game you are currently playing is called Physical Reality: Planet Earth. This is the most fun and exciting game in the universe and you chose to play with enthusiasm and curiosity.

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In each moment your inner self is guiding you with inspiration and emotion. You are receiving inspiration that will lead you perfectly to your objective. You are also feeling emotion in every moment that lets you know whether or not you are seeing the truth within each experience of the game. Your emotions and inspirations are your guidance in every moment. Your inner self remembers that the entire game can be played with fun, joy, curiosity and excitement. But you however, forget this fact. Your teammate sends emotion that feels bad to you whenever you view any part of the game from a low perspective. You receive more positive feeling emotions when your perspective is higher, or closer to the truth. You can always be aware of your connection to your Inner Self, because no matter what is happening, you are always feeling something. This is how you know that you are connected to your Inner Self/teammate, with and for whom you are playing this game.

This is the design of the system of physical reality. You and your Inner Self are playing a game that you specifically designed for YOU. The emotions you feel are simply the communication that alerts you to how close, or far, you are from the perspective of your Inner Self. Your Inner Self knows everything you truly want and is guiding you toward the physical manifestation of that in every moment, without fail.

We Know You, We Love You
White Light

Tomorrow we'll discuss

Emotions