

## FOUNDATIONS DAY ELEVEN ASSIGNMENT

How much of your typical day is planned before you get up in the morning?

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How much is of your day is similar to the day before? (food, drive, places, activities, people, conversations, routine, etc.)

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How much room is there in your day for something unimaginable to happen?

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Describe the last time you did something you had never done before?

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Describe the last time you were surprised.

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Describe a time when you had an experience you were sure no one would believe.

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Did you tell anyone about it? \_\_\_\_\_

Who did you tell? \_\_\_\_\_

What was their reaction?

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Did you or they come up with a logical reason to explain your unimaginable experience?

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