



# Foundations

## A Joshua AND White Light Course

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### DAY TWENTY EIGHT - PERFECTION (WHITE LIGHT)

#### **What would it mean to see the perfection in everything?**

To see the perfection in everything would mean to flow your love to all that exists in your reality. It would mean living your life in the acceptance of everything (and everyone) in your experience. It would mean letting go of control and attachment to specific outcomes. It would mean having no resistance to any aspect of your life. It would mean being authentic and following your passions without fear. It would mean a life of ease and joy. It would mean the unimaginable.

You have just read that everything is right and that there is no wrong anywhere in the universe. This is the highest perspective you can have on yourself and your reality. It is also the truth of you and of this Universe.

Understanding that there is no wrong anywhere in the universe does not mean that you must like or approve of everything. You can accept that something is perfect and right for you in the moment or that it is perfect and right for another, without liking that thing. You do not need to like the unflattering comment from your neighbor, the disapproving look from your spouse, or the war you see occurring on another continent. However, accepting that it is perfect in the moment is your gateway to higher and higher perspectives.

How is everything perfect?

Love is knowing. Fear is not knowing.

When an experience comes your way, you view it through your perspective. The event itself is neutral. If you feel doubt, worry, despair, or any other emotion that is below the horizon line, it means that you do not have all of the information within that event. It is an exact and clear reflection of your perspective (vibration). Often, you cannot immediately see where it is leading, what it is showing you or the reason it is there. You can however, acknowledge the perfection and commit to seeing that perfection, no matter what.

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Love is perfect, everything is love. Fear is love with missing information. Therefore, everything is perfect.

This universe is a buffet of experience. You do not want to remove something from the buffet just because you do not like it. Every experience is useful and valuable in some way to some one. You just do not have all the information.

When you encounter an experience that you perceive as imperfect in some way, and subsequently feel negative emotion, you are simply not recognizing the perfection or the love that is within that experience. You are looking at the event from a low perspective. Upon recognition of your negative emotion; analyze your perspective, remember that all is perfect and right, and then contemplate how it is perfect and right. You may immediately receive an answer, and you may easily see one or many reasons why/how this event is perfect in the moment. But this is not necessary. It is only important that you become aware that you have a belief that is limiting, and that this belief is not the truth of who you are.

An unwavering commitment to seeing the perfection in everything, is a dramatic shift in perspective. This immediately generates a shift in your vibrational offering. When you understand that everything in your reality is perfect, you also begin to recognize that there is nothing that needs to be changed or controlled. There is no person, situation or condition outside of you that you want to control or change. What you want as the creator of your experience is to see an exact reflection of your vibration, accept the perfection in it, and then shift your perspective closer to the truth of who you are. This is the power of the creator and it is only a creator that lives an unimaginable life.

*We know you and we love you,  
White Light*